



SENsational Workshops

Pre-visit resource



Museum
Gallery
Archive

SENsational Workshops

3-25 year olds

About this pre-visit resource

This pre-visit resource gives you detailed information about the session you are attending with your class, as well as some extra tips about our venue, so that you can be well prepared for your visit to The Box.

About this workshop

This workshop takes place in the **Simmons Learning Room** and across the **galleries** at The Box. Our SENsational sessions for students with special educational needs and disabilities, including those with profound and multiple disabilities and ASC, are open to visits from a range of educational settings. The sessions have been co-designed with SEN teachers, students and specialists in this area. These sessions use all the senses to allow your students to engage with, and respond to, The Box's galleries, displays and resources. Sessions can be bespoke to meet the individuals' needs and curriculums.

Before your visit

You will be contacted before your visit to discuss the needs of your students and decide the focus and structure of your workshop. The workshop will be tailored to the needs of your class - for example, sections can be increased or decreased in length, and breaks can be built in to the session whenever is needed.



SENsational Workshops

3-25 year olds

Detailed Workshop Outline

Introduction – Setting Sail

All workshops begin with a welcome activity that allows the facilitator to get to know the students and vice-versa. It is intended as a fun and immersive way of introducing students to the impressive Figureheads space as they begin their exploration of The Box. They are introduced and welcomed through an authentic call and response sea shanty.

Main section of the workshop

Before your visit, you can choose from two activities from the list below. These allow you to focus the workshop on the area of study that is most relevant to you – from a closer look at a single topic, or a general exploration of The Box to develop skills of visiting a public building.

When Giants Walked in Devon (Mammoth):

This activity takes students back in time 30,000-40,000 years to when mammoths, cave lions and enormous deer ruled the area. It tells the story of the mammoth in a sensory way, enabling students to experience aspects of life thousands of years ago.

A World of Difference (Mammoth):

This activity encourages close observation skills by getting students to explore the gallery and make links between handling objects and what they see in the gallery. Students consider the diversity of their environment and of the natural world. Exploration includes handling objects and exploring the gallery together.

Around the World from Plymouth (100 Journeys):

This activity focuses on the women and men who have set out from Plymouth (or have strong links to Plymouth) to meet new people and explore the world. Students consider what objects are useful for a long journey and then explore the gallery. The activity also encourages students to think about meeting new people in their own lives, as well as exploring the concept of ownership.

To the Beat of Drake's Drum (100 Journeys):

This activity focuses on life at sea in Elizabethan times through the eyes of Sir Francis Drake. Students travel back in time to the beat of Drake's drum and then experience different aspects of life aboard Elizabethan ships using sensory props.

Shipshape (Port of Plymouth):

This activity focuses on Plymouth's shipbuilding heritage. It encourages students to first explore different materials that have been used to build ships over the centuries and then work together to build their own model ship.

SENsational Workshops

3-25 year olds

Detailed Workshop Outline

Plymouth is my Home (Port of Plymouth):

This activity focuses on what makes our local area special by looking at some of the everyday aspects of your students' lives. It encourages them to compare these with similar aspects in the past by exploring Plymouth 'then and now'.

Searching for the Stars (All galleries):

This activity develops students' confidence in an unfamiliar environment. They must find three of the museum's star objects, asking appropriate adults for help and directions.

Conclusion - Sailing Home:

All workshops share the same concluding activity. A concluding farewell will take place that revisits the sea shanty experienced in the welcome activity. It is intended as a fun way of rounding off the group's session at The Box.

Preparing for your session

You will be contacted before your workshop to help to plan the structure of your visit.

The Box has a range of Online Learning Resources available to give you access to our objects, archives and film collections before your visit. Visit **[theboxplymouth.com/schools/learning-resources](https://www.theboxplymouth.com/schools/learning-resources)** to see the resources.

Plan a pre-visit to The Box before you come with your class, so you are familiar with the environment and spaces before your visit.

Risk assessment

To help you to write your risk assessment for your visit, we have created a Teachers Hazard Assessment which holds common risks and solutions that you might want to include. Visit this page **<https://www.theboxplymouth.com/schools/school-visits>** for the Hazard Identification Sheet.

Visit our website for the
latest offers, news and
projects for schools
and to book your
experience with us:
theboxplymouth.com

